

# Think Measles



Measles is **highly infectious** and can lead to complications, especially in **vulnerable, immunocompromised or pregnant people**.

Being in the same room as someone with measles for **more than 15 minutes** is a significant exposure.

Measles symptoms can include:

- High fever
- Sore, red, watery eyes
- Coughing and/or runny nose
- Small red spots with bluish-white centres inside the mouth
- A red-brown blotchy rash, which appears after several days.



# Think Measles



- 1** If measles symptoms are suspected, patients should **isolate and not attend any setting in person**, including A&E and GPs.
- 2** Patients should **call their GP practice** who will screen and triage over the phone, or make arrangements for treatment.
- 3** Any spaces where someone with suspected measles was should be **thoroughly cleaned** before being used.
- 4** If anyone is **unsure of their immunity status**, they should speak to their GP practice.
- 5** **Anyone of any age can get a catch up MMR vaccine** for free via their GP practice.

