**Curriculum Overview for Hedgehogs, Owls and Woodpeckers**

This Term our topic is OURSELVES, lessons will be aimed at improving fitness, mental health and well- being, hygiene, self-esteem and confidence.

**Outdoor and Adventurous** sessions change each term, Autumn term as follows:

Swimming – Hedgehogs

Climbing – Owls

Forest School/Lickey Hills – Woodpeckers

**Independent Living -** All activities link to healthy breakfasts. E.g. travelling to the shops, following a shopping list and following recipes!

**World of Work** – All children are working towards their RSPB bronze Wild Challenge click [here](https://www.rspb.org.uk/fun-and-learning/for-teachers/schools-wild-challenge/wild-challenge-bronze/) to find out more. The children will be responsible for creating a horticultural space within school. They will be discovering their preferences whilst experiencing a variety of hobbies too.

These additions to our curriculum will be extremely exciting opportunities for our children.

Please see our timetables for an example of what our week may look like.